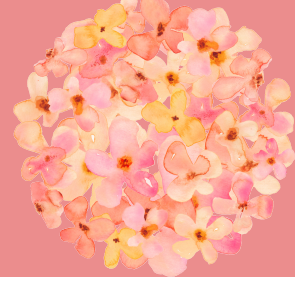


Welcome xxx



I am so very excited to work with you over the coming 5 months focusing on all the woos things, empowering behaviours and less reactive moments

Attached you will find your Personalised Coaching Contract and an invoice for our first month together will be sent to you via Paypal shortly.

Please note that payment can also be made by bank transfer.

Kim Williams
NAB
BSB
Account No

Once you have paid for your first month, you can click on the lotus below and start booking your coaching sessions. The link has been personalised and is just for you.

My diary has been updated all the way through til the end of November so if you are an organised person you can book them all in now.



48 hours prior to each coaching session you will receive a Session Prep Questionnaire link which is a great space for you to check in on how you are doing and let me know what you are most focused on at the moment. After each session, you will receive written notes with action items or focus points for the coming fortnight.

Kim 

Kim Williams – Flourish R&R
www.kimwilliams.me